

### The Delay

"I'm right in the middle of something, now is not a good time."

### **Fall on Sword**

"I'm so sorry, you're right. I don't know what's wrong with me and why I can't arrive on time."

### **The Guilt Trip**

"I'll never be good enough for you."

#### The Attack

"You're the real problem!"

#### **Blame Game**

"Frank and Julie come in late, too!"

### Remember! Any sidertracker paths must always come back to:

## THE GOAL

Listen very carefully to what the sidetracker has to say, then remind them of the goal.

"The goal is for you to arrive to team meetings prepared and on-time."

# SOLUTION

Work together to determine a solution.

## **FOLLOW UP**

Review progress, provide feedback. Repeat step 1 if necessary.

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